

# No. 1: Summer Etiquette and/or Cooking Camp/Classes for girls in Coronado

## Little Ms Manners

4 days of Etiquette and Cooking

2 sessions of Etiquette and 2 sessions of Cooking

Manners- a new language we learn

### Session 1:

- Manners and the golden rules
  - Respect yourself
  - Invitations: the proper way to handle it when you are and when you are not invited
  - Thank You's
  - Take care of your hands
  - Rules with finger foods, light finger food meals—will be served
- Basic Table Manners
  - Being on time
  - Set a table
  - Utensils and their rules
  - Napkins and their rules-fun with folding napkins
  - Food, cutting and chewing
  - Politeness at the table
- We will make a fun take home jewelry piece for themselves

### Session 2:

Dress up for lunch at Il Fornaio—lunch included

Restaurant and Table Manners—practice what we have learned

- Discussion about sleepovers, travel manners, store and mall manners
- Self Discipline and Respect

Workbook and Goodie bag

### **Session 3:**

#### Cooking

- Etiquette in the kitchen
- Safety in the kitchen
- Measurements
- Delicious sandwiches you can make yourself
- Mix cold and exciting drinks

### **Session 4:**

#### Fun and yummy breakfasts and desserts

- Make them, eat them and enjoy them

**Location: Coronado—Please call for details**

**Times: Morning Sessions: 9am-11am**

**Afternoon Sessions: 1:30pm-3:30pm**

**Cost: \$150 for 4 sessions or \$80 for 2 sessions**

**Includes: all supplies, healthy snacks, take home chef apron and hat**